

# SWDRC Camp 2017

## Keysoe – 21<sup>st</sup> to 23<sup>rd</sup> May

We have a few spaces left at SWDRC camp, if you are interested please email [info@swdrc.co.uk](mailto:info@swdrc.co.uk), a deposit of £85 will be due upon being given a place. All attendees must be fully paid up members of Saffron Walden & District Riding Club.

We are very pleased to confirm that our instructors will be:



**John Thelwall** has spent a lifetime with horses including success as a rider in racing, show jumping and eventing. As a trainer John has been involved with elite riders and teams leading to successes including Burghley, Bramham, Windsor, Junior National Champion (Eventing), Junior Foxhunter and International Show Jumping. John's coaching is based on creating positive connection between horse and rider, both physically and mentally, to create harmony and balance. John will be instructing all disciplines.



**Matt Cox** is a dressage trainer, and currently competing at Grand Prix on his own self trained horse Aston. He has trained with Spencer Wilton, Andrew Gould, Carl Hester and Eileen O'Conner and ridden in lecture demonstrations for Carl. He takes something positive and unique from each and every one of these trainers combines this knowledge to perfect his own training and teaching techniques. He has completed his UKCC level 3 and is a British Dressage Accredited Coach.



**Kate Rowland** had a formal start in show jumping which developed into her love for dressage. Key successes are: Pet Plan Novice Open Winner with 76%. 2014 Reserve National 5 yr old Champion at Hickstead. 2015 Reserve National 6yr old Champion and FEI international 6yr Champion. Kate says; "I enjoy teaching and enjoy helping nervous riders and horses. I get a lot of enjoyment watching my clients do well at shows to and help them achieve their goals." Kate will be instructing show jumping/poles/grids and dressage.



**John Stelfox** is a former Canadian eventer. He was shortlisted for the Canadian 3 day event team in the early 70s and benefitted with training from some of the Masters like Alois Podalsky and Bertalan de Nemethy. John will be instructing in show jumping/poles/grids and cross country.

**Groups will be organised around chosen disciplines, level and instructor availability.** We will endeavour to create groups of similar level with no more than 5 to a group, depending on the discipline (dressage will be one-to-one, unless more than 2 dressage sessions chosen then you may share the 3<sup>rd</sup>/4<sup>th</sup> session with two to a group).

- Camp is open to all SWDRC members 18 years and over on 1 January 2017. Unfortunately no children under the age of 18yrs may attend.
- Cost £185; includes tuition, stabling (not bedding), 3 main meals/day and hire of the facilities. All meals are included from Sunday night until Tuesday lunchtime.
- You will need to provide your own horse feed, hay and bedding (you can purchase shavings direct from Keysoe for £8.50/bale if you wish). All stables must be cleared of all bedding upon departure. You will need to provide your own accommodation, in your lorry/trailer/tent, etc. Showers are available.
- If you wish to join the wait list please return this form by email to [info@swdrc.co.uk](mailto:info@swdrc.co.uk).
- If you gain a place at camp a non-refundable deposit of £85 will be due by 17 February 2017. Complete payment will be required before 20 April 2017.

Name .....

Address .....

Phone.....

Emergency contact number.....

Email .....

Horse name, age & height .....

Please stipulate in the box how many sessions of each discipline you would like and the max height of fences if applicable (plus any notes you would like us to take into consideration). 4 sessions in total. **At least one session must be either Dressage or Poles and only one XC session is permitted.**

- Dressage                      Level .....
- Poles                                      .....
- Gridwork                      Max height .....
- Show jumping                      Max height .....
- XC (max of one session)                      Max height .....
- Do you hold a current 3 day at work first aid certificate? ..... Yes / No

*For your dressage lesson(s) please think about something specific you would like to work on as the instructors will only have 40 mins to get to know you and your horse and help you. This will enable you to get the most from your session.*

**Meals:**

Please note here if you are vegetarian / gluten free. Meals are served from the canteen at Keysoe, there will be a selection of meals, please consider that if you haven't booked vegetarian/gluten free that there are others who have so do not take their meal if there is not enough.

Extra meals for non riders / accompanying adults can be accommodated at £20/day – please indicate names and numbers below (also note if vegetarian/gluten free).

Names.....