

SWDRC

Winter Training

with Lisa Spence

at Stoke-by-Clare Equestrian Centre CO10 8HP
Thursdays: 23 Feb, 9 March, 23 March 2017

Bored of hacking in the rain and mud?
Keen to keep your eye in over the dark winter months?
Thinking of moving up a level next year?

Then come along to these training sessions in the lovely indoor arena at Stoke-by-Clare Equestrian Centre where you will have the opportunity to try a variety of jumping exercises with riders of a similar level.

Each session is designed to give confidence to both rider and horse with exercises to encourage suppleness, balance and forward thinking.

Why not bring along a thermos and sit down afterwards for a chat?

Members:
3 riders £25/hr each
2 riders £30/hr each
1 rider £30/30 min each
Non members an extra £5

Do you have a problem?
Want to know how to solve it?
Ask Lisa!

"Lisa tells you how it is, tells you what to do and then makes you do it!"

"Lisa takes you out of your comfort zone and then makes you realise your comfort zone has grown"

Contact: catherine.berisford@wcbmarketing.co.uk to book a slot. Payment must be made via Club entries and details of how to pay will be advised once your place has been confirmed. Please advise what height you are happy to jump (if jumping), your preferred time (which we will do our best to accommodate). Entries close the Friday before the session and refunds only made if your place can be filled.