

# SWDRC Camp 2018

## Keysoe – 17th – 19th June

We are very pleased to confirm that our instructors will be:



**John Thelwall** has spent a lifetime with horses including success as a rider in racing, show jumping and eventing. As a trainer John has been involved with elite riders and teams leading to successes including Burghley, Bramham, Windsor, Junior National Champion (Eventing), Junior Foxhunter and International Show Jumping. John's coaching is based on creating positive connection between horse and rider, both physically and mentally, to create harmony and balance. John will be instructing all disciplines.



**Matt Cox** is a dressage trainer, and currently competing at Grand Prix on his own self trained horse Aston. He has trained with Spencer Wilton, Andrew Gould, Carl Hester and Eileen O'Conner and ridden in lecture demonstrations for Carl. He takes something positive and unique from each and every one of these trainers and combines this knowledge to perfect his own training and teaching techniques. He has completed his UKCC level 3 and is a British Dressage Accredited Coach.



**Kate Rowland** had a formal start in show jumping which developed into her love for dressage. Key successes are: Pet Plan Novice Open Winner with 76%. 2014 Reserve National 5 yr old Champion at Hickstead. 2015 Reserve National 6yr old Champion and FEI international 6yr Champion. Kate says; "I enjoy teaching and enjoy helping nervous riders and horses. I get a lot of enjoyment watching my clients do well at shows to and help them achieve their goals." Kate will be instructing show jumping/poles/grids and dressage.



**Phillip Surl** started eventing in 1980 and continued until to 2006, competing at all levels up to and including 4 star. He became a British Eventing Technical Advisor in 2007 and has been British Eventing's Regional Co-ordinator for the East Region since 2010. A UKCC Level 3 qualified coach, Philip completed the coach development programme run by Yogi Breisner from 2005 – 2008. Philip joined the World Class team in 2013; he is Team Manager to the Eventing Nations Cup teams.



**Ros Blackmore** is totally passionate about helping people to achieve their riding dreams - be it hacking out confidently on their own, or their first jumping lesson (at whatever age!), or competing in affiliated events of all levels. Qualifying as a Master Practitioner of NLP (Neuro Linguistic Programming) was a huge turning point for Ros, as it totally changed the way she felt about her riding, and therefore the results she got from her riding. She began teaching and running NLP workshops, as she wanted to be able to help others realise that they too can change their riding, improve their competition results, get rid of competition nerves - or just actually enjoy their riding without their own constant criticisms and doubts.

**Groups will be organised around chosen disciplines, level and instructor availability.** We will endeavour to create groups of similar level with no more than 5 to a group, depending on the discipline (dressage will be one-to-one).

- Camp is open to all SWDRC members 18 years and over on 1 January 2018. Unfortunately no children under the age of 18yrs may attend.
- Cost £210; includes tuition, stabling (not bedding), 3 main meals/day and hire of the facilities. All meals are included from Sunday night until Tuesday lunchtime.
- You will need to provide your own horse feed, hay and bedding (you can purchase shavings direct from Keysoe for approx £8.50/bale if you wish). All stables must be cleared of all bedding upon departure. You will need to provide your own accommodation, in your lorry/trailer, etc. Showers are available.
- To confirm your place please complete the application form below (I realise this is duplicating info you may have already supplied, but humour me!)

Please return this form by email to [info@swdrc.co.uk](mailto:info@swdrc.co.uk) and pay your deposit as soon as possible to secure your place at camp. **Deposits due by 9 March 2018.** Complete payment will be required before 17 May 2018.

A deposit of £100.00 is required. **Please pay the £100 direct into the SWDRC account with your surname as the reference Sort code: 30 97 24 Account: 00264641**

Name .....

Address .....

Phone.....

Emergency contact number.....

Email .....

Horse name, age & height .....

Please stipulate in the box how many sessions of each discipline you would like and the max height of fences if applicable (plus any notes you would like us to take into consideration). 4 sessions in total. **At least one session must be either Dressage or Poles and only one XC session is permitted.**

Dressage (max 2 sessions)    Level.....

Poles    Level.....

Show jumping    Max height.....

XC (max 2 sessions)    Max height.....

Do you hold a current 3 day at work first aid certificate? ..... Yes / No

*For your dressage lesson(s) please think about something specific you would like to work on as the instructors will only have 40 mins to get to know you and your horse and help you. This will enable you to get the most from your session.*

**Meals:**

Please note here if you are vegetarian / gluten free. Meals are served from the canteen at Keysoe, there will be a selection of meals, please consider that if you haven't booked vegetarian/gluten free that there are others who have so do not take their meal if there is not enough.

Extra meals for non riders / accompanying adults can be accommodated at £20/day – please indicate names and numbers below (also note if vegetarian/gluten free).

Names .....